

Free

MENTAL HEALTH FIRST AID TRAINING

Learn how to identify, understand and respond to signs of mental illnesses and substance use disorders

CHOOSE YOUR DATE!

June 1, June 22, July 20 or July 27, 8:30 a.m. - 5:00 p.m.

Harvey County Health Department Community Room | 215 S. Pine St. | Newton

WHO SHOULD TAKE IT

- Faith leaders
- Employers
- Police officers
- Hospital staff
- First responders
- Community members
- Caring individuals

WHAT IT COVERS

- Common signs and symptoms of mental illness
- Common signs and symptoms of substance use
- How to interact with a person in crisis
- How to connect the person with help
- NEW: How to administer naloxone in the event of an opioid overdose

The course will teach you how to apply the ALGEE action plan:

- Assess for risk of suicide or harm
- Listen nonjudgementally
- Give reassurance and information
- Encourage appropriate professional help
- Encourage self-help and other support strategies

Lunch is on your own.

Each course is limited to 15-18 individuals.

This training is funded in part by CDC under Federal Award Identification Number NU17CE924998-02-00.



**TO REGISTER, PLEASE E-MAIL BRADLEYEL@PVI.ORG
OR CALL 316-284-6365.**